

# ATF ACADEMY

AMERICAN TAEKWONDO FEDERATION®



**2017**  
SCHEDULE

[www.atfacademy.com](http://www.atfacademy.com)



# CLASS SCHEDULE

## MONDAY

- 4:00 - 4:30 Lil' Champs Program
- 4:35 - 5:05 White Belt (Beginner)
- 5:10 - 5:40 Orange - Red (Basic)
- 5:45 - 6:15 Red/Black - Black (BBC)
- 6:20 - 6:50 Orange - Red (BBC)

## TUESDAY

- 4:00 - 4:30 Lil' Champs Program
- 4:35 - 5:05 Orange - Red (Basic)
- WEAPONS CLASS 5:10 - 5:45 Orange - Red Weapons (BBC)
- 5:50 - 6:20 White Belt (Beginner)
- SPARRING CLASS 6:25 - 7:00 All Ranks Kids Sparring (BBC)

## WEDNESDAY

- 4:00 - 4:30 Lil' Champs Program
- 4:35 - 5:05 Orange - Red (Basic)
- 5:10 - 5:45 Orange - Red (BBC)
- 5:55 - 6:25 White Belt (Beginner)
- 6:30 - 7:00 Red/Black - Black (BBC)

## THURSDAY

- 4:00 - 4:30 Lil' Champs Program
- 4:40 - 5:10 Orange - Red (Basic)
- 5:15 - 5:45 White Belt (Beginner)
- 5:50 - 6:15 Orange - Red (BBC)
- WEAPONS CLASS 6:20 - 6:45 Red/Black - Black Weapons (BBC)

## FRIDAY

- 4:00 - 4:30 Lil' Champs Program
- 4:35 - 5:05 Red/Black - Black (BBC)
- 5:10 - 5:40 White Belt (Beginner)
- 5:45 - 6:15 Orange - Red (BBC)
- SPARRING CLASS 6:20 - 7:00 All Ranks Kids Sparring (BBC)



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# IN TUNES WITH YOUR GOALS

**PLEASE NOTE:**

This class schedule is valid for ATF Academy Aliante only and is subject to change without notice. For any assistance with *class scheduling* or *private classes*, please contact a staff member or visit us online at [www.atfacademy.com](http://www.atfacademy.com)